



JIM POPE

ATHLETE | BUILDER | TAE KWON DO

1989 - 2018

Jim formed the North Superior Tae Kwon Do Club in 1989 instructing adults and children on the North Shore. He also competed in a variety of tournaments throughout his career.

Awards and Achievements

Fourth Degree Black Belt - Tae Kwon Do

Fourth Degree Black Belt—Combat Hapkido

1988-1991 Achieved all belt levels ending as Grand Champion in Black Belt Competitor Can-Am Open Karate competition - Second Place Yellow Belt, First Place Blue and Red Belt

1991 Mid-Canada Open Karate Championship First Place

1990-1994 Undefeated in Full Contact Karate and Kick Boxing

2007 MAC Open - Heavyweight and Open Sparring Champion